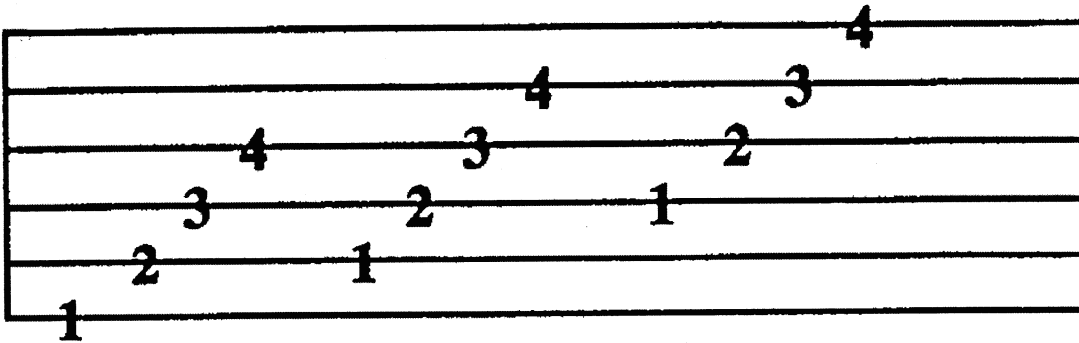


Daily Warm Up Beginning Level

study page #12.

Dexterity Exercise



Use your 1st finger to play the notes which occur on the 1st fret
Use your 2nd finger to play the notes which occur on the 2nd fret
Use your 3rd finger to play the notes which occur on the 3rd fret
Use your 4th finger to play the notes which occur on the 4th fret

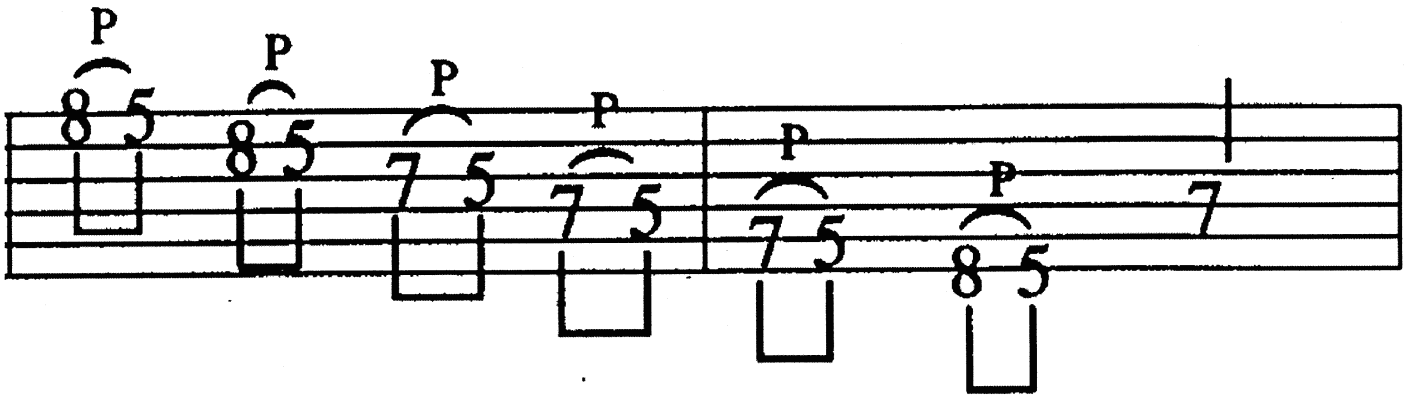
Set your timer. Play this exercise for 1 minute.

Memorizing the Guitar Neck

Play the “G” Note

String	Fret
1	3
2	8
3	0
4	5
5	10
6	3

Minor Pentatonic Scale Exercise



The “p” stands for “pull off”. Get both of your fingers set up on the string. Your first finger on the 1st string at the 5th fret, and your 4th finger on the 1st string at the 8th fret.

With your fingers set up, pick the string so that the note on the 1st string 8th fret sounds. Then with the 4th finger of your left hand do a pull off causing the note on the first string 5th fret to sound. Even though it is called a “pull off”, that 4th finger is actually picking the string. Rather than flicking your finger with an upward motion, pull your finger off with a downward motion.

Reading Notation Exercise

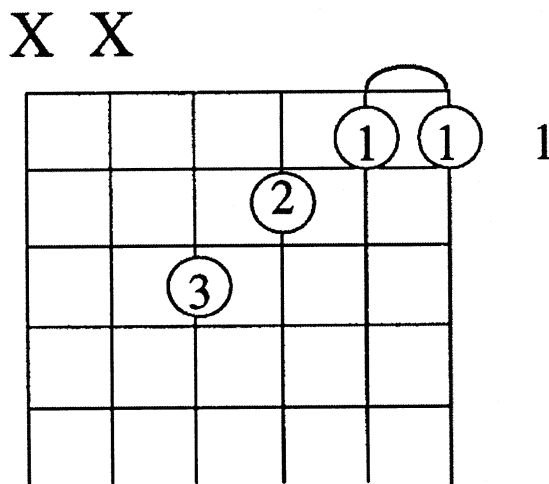


E is played on the first string open

F is played on the first string first fret

G is played on the first string 3rd fret

Major Chords



Thumb on back side of neck,
should be behind 1st fret right
in the center of neck's width.

F Chord

1st finger, bars across 1st and 2nd strings, 1st fret

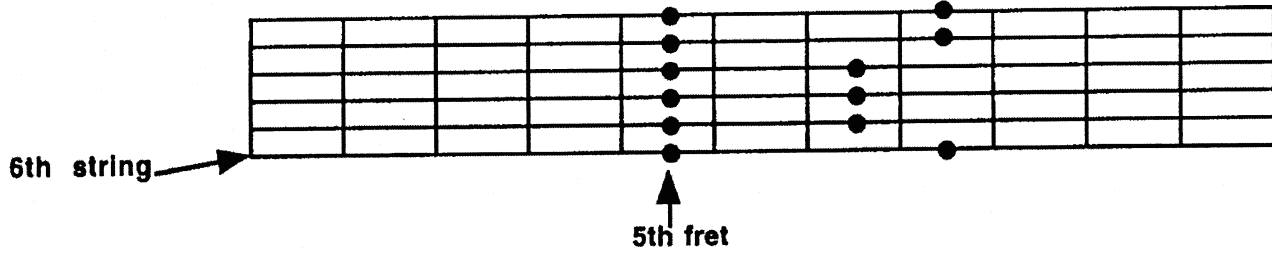
2nd finger, 3rd string, 2nd fret

3rd finger, 4th string, 3rd fret

Play from the 4th string down.

The F chord is one of the more difficult of the major chords. This week, just practice building and rebuilding this chord. Work on getting all of the notes to sound clearly.

Minor Pentatonic Scale Diagram



When is the last time you changed your strings? If it's over two months.....it's time.

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