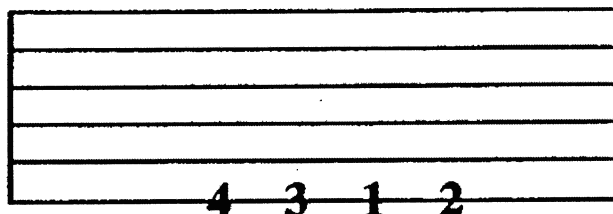


Daily Warm Up Intermediate Level

Study #12

Dexterity Exercise



Play the exercise on each string.

- Use your 1st finger to play the notes on the 1st fret
- Use your 2nd finger to play the notes on the 2nd fret
- Use your 3rd finger to play the notes on the 3rd fret
- Use the 4th finger to play the notes on the 4th fret

Set your timer and play the exercise for 1 minute

Memorizing the Guitar Neck

Play the “E” Note

String	Fret
1	0-12
2	5-17
3	9-21
4	2-14
5	7-19
6	0-12

Set your timer and play the exercise for 1 minute

Minor Pentatonic Exercise

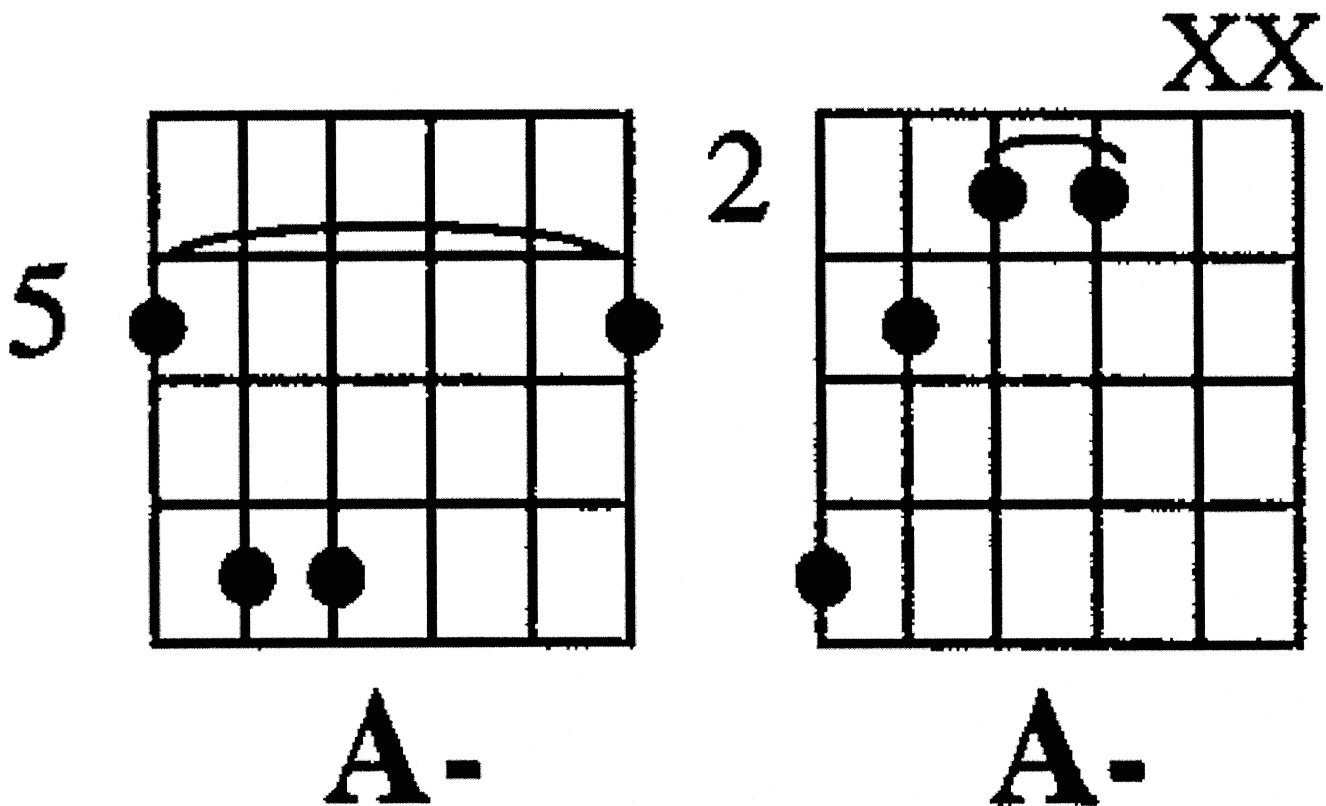


Use your 1st finger to play the notes which occur on the 5th fret

Use your 3rd finger to play the notes which occur on 7th fret





Use your 4th finger to play the notes which occur on the 8th fret

Chords



Strum each chord 4 times

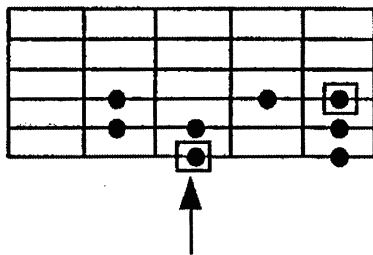
Reading Notation

Whole Note	Half Note	Quarter Note	Eighth Note
			
4 Beats	2 Beats	1 Beat	1/2 Beat

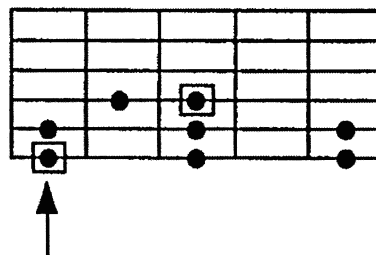


Scale Pattern

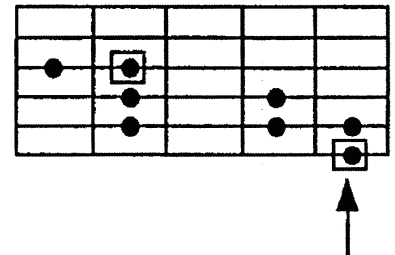
A Major Scale



5th fret



5th fret



5th fret

Play through the scale at least 4 times

Consider starting the **Music Theory Course For Guitar Players**, or getting the next study suggested in your personal syllabus.

The **Music Theory Course For Guitar Players** is a guided step by step method of learning how and why things work the way they do.